

November 2021

GOC GAZETTE



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The Measure of Success

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Another historic first for the GOC: an Accreditation Team from Clubhouse International visited to observe and evaluate our program. Accreditation determines whether we are adequately helping people under the Clubhouse Model. Our funding agency expects that we will work toward getting the stamp of approval that accreditation provides, so it is critical that we make progress on this. Previously, the GOC did not have enough staff to run the employment support programs the way the Clubhouse model requires.



Matt Reed and John Hayes came in from Utah and Indiana to evaluate our effectiveness.



The Accreditation Team is comprised of Peer Clubhouse staff and Members who are now working with Clubhouse International. The two-person Team who visited the GOC observed all aspects of our operations.

Matt Reed, who is also a Clubhouse Director, said "I was blown away by how much work you have put into employment. That is really a strong suit of yours. That's an are many Clubhouses really struggle with."

On the final day of its visit, the Team met with Members and staff to deliver its findings. In many areas the GOC was found to have exceeded the requirements of accreditation. Clubhouse International will make the final determination on our status, and we should have more to report soon.

GOC GAZETTE

Member Spotlight: David Turull

by David Stevens

Meet David! David's friend, Cyndi (who was Board President at the time), recommended that David check out the GOC. David looked at the GOC website, and saw some ways to improve it, so he started coming to the GOC in 2018 as a volunteer.

David started going to the Member events like bowling, and barbecues, while he was still just a volunteer, and eventually he became a Member in 2020. He has continued to be a Member ever since!

David helps with formatting and design, as well as the content and physical layout of the website.

Basically, what that means is that almost any experience a visitor to the website might have has been helped to be created by David. David learned how to do web design from his knowledge in obtaining his Internet Service Technology Associate of Science Degree. Helping to work on the website for GOC helps David to keep his skills fresh in case he acquires a job using computers. In addition to helping with web design, David helps with data entry in the Office Unit, attends GOC once a week for the weekly website meeting, as well as attending GOC morning Zoom meetings twice a week.

David likes the GOC, and points out that it might seem tough to run a place like the GOC all by oneself. But no one or two people run the GOC...it takes the team of just enough paid GOC staff, AND all of the GOC members to run it...including David! And David keeps coming back to the GOC because he "likes helping people."

David's goal is to find a job where he would be doing Web design, computer related technical support, or anything that has to do with computers!

The GOC will continue to support David in his future endeavors. As you can see, he is supporting us, too. That is what our Clubhouse is all about!

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GOC GAZETTE

Unit Update:

Wellness

We are launching Wellness activities for people who are NOT GOC Members as well as GOC Members.

We changed the time of our wellness walk to right after lunch. There are studies that show taking a walk right after a meal can help people who struggle with weight.



As part of our new financial practices, the GOC is scanning and recording every transaction. The scans are then sent to our bookkeeper. Ultimately, a CPA firm will audit our transactions and report the findings to our funding agencies. Members are a vital part of the process.



Culinary

We upgraded our gloves. We use a professional supply company, like restaurants, to get our soaps, cloth, paper towels, and other supplies. Now we will be ordering gloves from that company as well. Upgrading the gloves that we wear in the kitchen to professional style gloves will get Members acclimated to work environments. It will also enhance how we keep everyone safe as we prepare meals.

Here, Kaitlyn is showing Jacob how to wear the gloves properly.



Garden

Our Fall crops have been planted. We have lettuce, cabbage, squash, peppers, kale, Brussels sprouts, and more. When the crops grow, we will harvest and use them in our lunch program.



GOC GAZETTE

A Celebration of Growth and Independence

Fall Festival

Friday November 12

11AM to 6PM

1210 NW 14th Avenue

An open celebration of Gainesville, the GOC, our neighbors and all things Fall. Fun, food trucks, music, raffles, crafts for sale, tables for sponsors, games with prizes and tours of the house.

If you are a regular reader, you know the GOC is growing every month. Do you want to help? Below are various ways that you can help us help others.



<--- Click to go to the United Way Campaign Website

If you work for a business that's part of the United Way, you can donate pre-tax through your employer. The United Way has a sign up period near the end of the calendar year. Think GOC!!!!



When you shop on Amazon, think of GOC!

You can designate us as your charity on Amazon Smile. We also have an Amazon Wishlist. Any and all help is appreciated. Simply search for us on Amazon or click the images to the left and to the right. (Wishlist-> <https://tinyurl.com/yum48cu3>)



Please use our email info@goclubhouse.org as the recipient.

Click here to donate with bank card through the Philanthropy Hub



LUTHERAN SERVICES FLORIDA

GOC GAZETTE

Monthly Calendar and Events

November 6 - Social Saturday 10am-2pm
 - Wellness Hour 2-3pm (Open to both Members and peers in the community)

November 17 - Employment Dinner 5-7pm

November 19 - Consumer Advisory Council 10:30am

November 20 - Social Saturday 10am-2pm
 - Peer Support Group 2-3pm (Open to both Members and peers in the community)

November 25 - Thanksgiving Day Food Deliveries

November 26 - Clubhouse Open 10 - 2 for social activities.

Newsletter Credits:

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Weekly Meetings

Monday 2:00 p.m.- Programming

Tuesday 2:00 p.m.- Culinary, Wellness, Garden

Wednesday 2:00 p.m.- Website

Wednesday 3:00 p.m.- Newsletter

Thursday 2:00 p.m- Adobe/Media

Daily Events and Meetings

8:30am Culinary Unit arrives to start Breakfast

9:00am Clubhouse Opens, Breakfast is served.

9:30am Wellness Walk

10:00 am General Membership Meeting

10:30 am Work Day commences in Office, Culinary, Media and Garden

1:30 pm Office Unit Meeting

2:00pm Work Day Continues

5:00 pm Clubhouse Closes

Birthdays

November 5th-Alexis Henderson

November 6th-Jeffry Davidsen

November 6th-David Delotelle

November 12th-Andy Bernard

November 13th-Akeem Johnson

November 20th-John Smith



Gainesville Opportunity Center

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Month in Pictures

LaWayne is getting the GOC looking clean for our accreditation visit.



John Hayes from the Accreditation Team is working with Members Lana and Joanna.



The Garden group is working hard on our seasonal crops.



Amanda and Lana are making lunch. They also love to help at the reception desk.



Kristi is leading the morning meeting where Members volunteer for their assignments.



CJ is putting fresh water in the fish tank.

GOC GAZETTE



We had lots of spooky Halloween fun. LaWayne was a ghost. Keoun was the mummy in our mummy-wrap contest. Brett was the red-shirt guy from Star Trek. Akeem was a farmer. Jacob was a member of the Paws Patrol. Claudia was Dorothy. We were all someone else, and we were all ourselves. That is the magic of the GOC!



Rotary Visits GOC



The Gainesville Opportunity Center hosted Rotarians from all over Gainesville for the Rotary Annual Dictionary Drive. We labeled and boxed enough dictionaries so every third grader in Alachua County will have one. Thank you to all who participated. The GOC is proud to host this fine group and contribute to our community.

