

WEEK OF
09/23/2019



GOC WEEKLY GAZETTE

Announcements:

9/26-special lunch to celebrate Andy Bernard retiring from our board after 10 years of service

10/6- Acts of Kindness Mural Painting at Grace Marketplace

Transitional employment sign up sheet is at the front desk. Sign up if interested.

Two Ways to Give



United Way
of North Central Florida

United Way Workplace Campaign:

This campaign helps employees of companies donate, volunteer, and advocate for charities that are important to them. These employees can donate through an easy payroll deduction, which is usually a small gift from up to every paycheck. If you would for the employees of your company to participate in this campaign, please contact United Way of North Central Florida.

<https://www.unitedwayncfl.org>



University of Florida Campaign for Charities (UFCC):

The Gainesville Opportunity Center has been chosen to participate in the University of Florida Campaign for Charities (UFCC). Anyone employed at the University of Florida can choose to donate to nonprofits directly from their paychecks, and the contributions are all pre-tax. The GOC is honored to be selected for this program.

This campaign runs from September 3rd to October 18. It is expected that upwards of 150 UF employees will be participating.

<https://ufcc.ufl.edu/for-donors/2019-participating-agencies>

GOC WEEKLY GAZETTE

Standard # 21

The Clubhouse enables its members to return to paid work through transitional employment, supported employment and independent employment; therefore, the clubhouse does not provide employment to members through in-house businesses, segregated Clubhouse enterprises or sheltered workshops.

*Members have a **Right** to a safe place to come.*

Members will be treated with dignity and respect at the GOC.

*Members have a **Responsibility** to treat others how they wish to be treated.*

Activities

Monday 9/23	Tuesday 9/24	Wednesday 9/25	Thursday 9/26	Friday 9/27
9:00 Club opening tasks	9:00 Club opening tasks	9:00 Club opening tasks	9:00 Club opening tasks	9:00 Club opening tasks
10:00 Morning meetings	10:00 Morning meetings	10:00 Morning meetings	10:00 Morning meetings	10:00 Morning meetings
11:00 Lunch Prep	11:00 Lunch Prep	11:00 Lunch Prep	10:00 Job Readiness	11:00 Lunch Prep
12:00 Lunch	12:00 Lunch	12:00 Lunch	11:00 Lunch Prep	12:00 Lunch
12:30 Lunch Cleanup	12:30 Lunch Cleanup	12:30 Lunch Cleanup	12:00 Lunch	12:30 Lunch Cleanup
1:00 Computer Class	1:00 Gardening	1:00 Art Class	12:30 Lunch Cleanup	1:00 GOC Website
4:00 Closing tasks	4:00 Closing tasks	4:00 Closing tasks	4:00 Closing tasks	4:00 Closing tasks
5:00 Close	5:00 Close	5:00 Close	5:00 Close	5:00 Close

Menu

Monday 9/23	Tuesday 9/24	Wednesday 9/25	Thursday 9/26	Friday 9/27
Pizza	Nacho Tacos Tuesday	Roasted Lamb	Soup	Leftovers
Salad	Beans	Stir Fry	Sandwiches	Salad
	Salad	Salad	Salad	



MENTAL HEALTH

**The weather is getting cooler
and walking is a good way
to get some exercise.
Wear comfortable clothing
and shoes.**
