

WEEK OF
08/19/2019



GOC WEEKLY GAZETTE

Announcements:

8/26 & 8/28	10:15AM	Chair Yoga with Rose
8/29	10AM	Job Readiness with Shoab

Peer Respite will reopen on Friday, September 6th.

Rainy Weather

The rainy weather has done marvelous things for our garden here at GOC. Not only have the plants grown to new heights and producing a batch of lovely tree frogs. The tadpoles are abundant and grow into such hopping little frogs. (See our photographs in this story.) All of us are enjoying this act of nature this summer.

Our crops are growing fast and our lunches are full of fresh veggies Thanks again to the rain. So be sure to look closely at the garden when you come in, or pass by our Garden, you might be surprised what you see. ~ PLH



GOC WEEKLY GAZETTE

Every day we share a Clubhouse Standard.
 These standards come from The International Clubhouse Coalition.
 Are we meeting or exceeding these standards?
 Do we need improvement? Members and staff will discuss the
 day's morning meeting.

Standard #16

The work done in the Clubhouse is exclusively the work generated by the Clubhouse in the operation and enhancement of the Clubhouse community.

No work for outside individuals or agencies, whether for pay or not, is acceptable work in Clubhouse. Members are not paid for any Clubhouse work, nor are there any artificial reward systems.

*Members have a **Right** to a safe place to come.*

Members will be treated with dignity and respect at the GOC.

*Members have a **Responsibility** to treat others how they wish to be treated.*

Activities

Monday 8/26	Tuesday 8/27	Wednesday 8/28	Thursday 8/29	Friday 8/30
9:00 Club opening tasks	9:00 Club opening tasks	9:00 Club opening tasks	9:00 Club opening tasks	9:00 Club opening tasks
10:00 Morning meetings	10:00 Morning meetings	10:00 Morning meetings	10:00 Morning meetings	10:00 Morning meetings
11:00 Lunch Prep	11:00 Lunch Prep	11:00 Lunch Prep	10:00 Job Readiness	11:00 Lunch Prep
12:00 Lunch	12:00 Lunch	12:00 Lunch	11:00 Lunch Prep	12:00 Lunch
12:30 Lunch Cleanup	12:30 Lunch Cleanup	12:30 Lunch Cleanup	12:00 Lunch	12:30 Lunch Cleanup
1:00 Computer Class	1:00 Gardening	1:00 Art Class	12:30 Lunch Cleanup	1:00 GOC Website
4:00 Closing tasks	4:00 Closing tasks	4:00 Closing tasks	4:00 Closing tasks	4:00 Closing tasks
5:00 Close	5:00 Close	5:00 Close	5:00 Close	5:00 Close

Menu

Monday 8/26	Tuesday 8/27	Wednesday 8/28	Thursday 8/29	Friday 8/30
Beef and Broccoli Rice	Egyptian chicken Kababs Roasted Potatoes/ Salad	Chicken Joe's Baked fries	Turkey Salad Fruit	Pasta Primavera

Monday 8/26



86/72

Tuesday 8/27



85/72

Wednesday 8/28



84/71

Thursday 8/29



84/71

Friday 8/30



85/71