

WEEK OF
08/12/2019



GOC WEEKLY GAZETTE

Announcements:

8/10 9am-1pm Art Market
8/10 & 8/12 10:15 Chair Yoga with Rose
8/13 Job Readiness with Shoab



Peer support changes lives.



International Clubhouse Training August 12—24th

We are both happy to announce that we will be sending our Directors Brett Buell, Maggie Hannon, and one of our great volunteers Susan to International Clubhouse Training which we are a member of and are seeking their accreditation. Of course we are sad that they will not be with us for two weeks. They will be spending an active day of trainings, updates, meetings, and panel discussions. Culinary chef Lee, Board Members Shoab, and Board Member Claudia, and of course, Ouida our technical, as well as Cristina who has experience running a clubhouse, will take lead roles on our much needed duties and tasks to keep the engine rolling. Meanwhile, after the return from training we will improve our work ordered day and provide additional activity to our members.

GOC WEEKLY GAZETTE

Every day we share a Clubhouse Standard.
 These standards come from The International Clubhouse Coalition.
 Are we meeting or exceeding these standards?
 Do we need improvement? Members and staff will discuss the
 daily standard at each day's morning meeting.

Standard #8

All Clubhouse meetings are open to both members and staff. There are no formal member only or formal staff only meetings where program decisions and member issues are discussed.

*Members have a **Right** to a safe place to come.*

Members will be treated with dignity and respect at the GOC.

*Members have a **Responsibility** to treat others how they wish to be treated.*

Activities

Monday 8/12	Tuesday 8/13	Wednesday 8/14	Thursday 8/15	Friday 8/16
9:00 Club opening tasks	9:00 Club opening tasks	9:00 Club opening tasks	9:00 Club opening tasks	9:00 Club opening tasks
10:00 Morning meetings	10:00 Morning meetings	10:00 Morning meetings	10:00 Morning meetings	10:00 Morning meetings
11:00 Lunch Prep	11:00 Lunch Prep	11:00 Lunch Prep	10:00 Job Readiness	11:00 Lunch Prep
12:00 Lunch	12:00 Lunch	12:00 Lunch	11:00 Lunch Prep	12:00 Lunch
12:30 Lunch Cleanup	12:30 Lunch Cleanup	12:30 Lunch Cleanup	12:00 Lunch	12:30 Lunch Cleanup
1:00 Computer Class	1:00 Gardening	1:00 Art Class	12:30 Lunch Cleanup	1:00 GOC Website
4:00 Closing tasks	4:00 Closing tasks	4:00 Closing tasks	4:00 Closing tasks	4:00 Closing tasks
5:00 Close	5:00 Close	5:00 Close	5:00 Close	5:00 Close

Menu

Monday 8/12	Tuesday 8/13	Wednesday 8/14	Thursday 8/15	Friday 8/16
Breakfast Day sausage hash brown potatoes in cheese sauce	Veggie Casserole	Chicken & Stir Fry	Chili & either Turkey or Ham & Cheese sandwiches	Pizza Pie

Monday 8/12



90/74

Tuesday 8/13



90/74

Wednesday 8/14



89/72

Thursday 8/15



90/74

Friday 8/16



90/73