

**WEEK OF  
07/22/2019**



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# **GOC WEEKLY GAZETTE**

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## **Announcements:**

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7/29 CIT 1-3pm

7/30 Redesign of GOC Logo 1pm

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## **Redesign of GOC Logo**

On Tuesday July 30 at 1pm, the design firm Liquid Creative will be coming to GOC to work on updating our logo. We need members to be present to provide their input on different designs. It is important for members to help decide the appearance for the new logo. As we grow, it is important that our logo represent who we are. Having Members present at the meeting will help our designers understand who we are and what we are all about.

Since GOC is now campaign partners with United Way and UF Charities, it will be important to improve the appearance of GOC's logo on all promotional materials. We hope you can come help with the decision!

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## **CIT Crisis Intervention Training July 29 1pm - 3pm By Sean S.**

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We are happy to announce crisis intervention training specifically targeted and helping the mentally ill on very crucial incidence factors with local law enforcement officers. Once every three months police undergo training to identify illness during crisis and the best way to respond to individuals representing the whole spectrum of mental illness presentations so they can identify how to properly respond when they are called upon. As well, the Gainesville Police Force visit the GOC once every three months to familiarize the officers with some of the communities' mentally ill and gain insight in communicating effectively with us. Great news for us as well being able to meet the brave and proud members of the local police force and hopefully produce better outcomes in the operation of crisis interventions. If you need police assistance with a person who is exhibiting signs of mental illness, you may request a CIT trained officer.

# GOC WEEKLY GAZETTE

Every week we share a Clubhouse Standard.  
 These standards come from The International Clubhouse Coalition.  
 Are we meeting or exceeding these standards?  
 Do we need improvement? Members and staff will discuss the  
 weekly standard at each day's morning meeting.

## Standard #24

**Members who are working independently continue to have available all Clubhouse supports and advocacy of entitlements and assistance with housing, clinical, legal, financial and personal issues, as well as participation in the evening and weekend programs.**

*Members have a **Right** to a safe place to come.*

*Members will be treated with dignity and respect at the GOC.*

*Members have a **Responsibility** to treat others how they wish to be treated.*

## Activities

| Monday 7/22             | Tuesday 7/23            | Wednesday 7/24          | Thursday 7/25           | Friday 7/26             |
|-------------------------|-------------------------|-------------------------|-------------------------|-------------------------|
| 9:00 Club opening tasks | 9:00 Club opening tasks | 9:00 Club opening tasks | 9:00 Club opening tasks | 9:00 Club opening tasks |
| 10:00 Morning meetings  | 10:00 Morning meetings  | 10:00 Morning meetings  | 10:00 Morning meetings  | 10:00 Morning meetings  |
| 11:00 Lunch Prep        | 11:00 Lunch Prep        | 11:00 Lunch Prep        | 10:00 Job Readiness     | 11:00 Lunch Prep        |
| 12:00 Lunch             | 12:00 Lunch             | 12:00 Lunch             | 11:00 Lunch Prep        | 12:00 Lunch             |
| 12:30 Lunch Cleanup     | 12:30 Lunch Cleanup     | 12:30 Lunch Cleanup     | 12:00 Lunch             | 12:30 Lunch Cleanup     |
| 1:00 Computer Class     | 1:00 Gardening          | 1:00 Art Class          | 12:30 Lunch Cleanup     | 1:00 GOC Website        |
| 4:00 Closing tasks      | 4:00 Closing tasks      | 4:00 Closing tasks      | 4:00 Closing tasks      | 4:00 Closing tasks      |
| 5:00 Close              | 5:00 Close              | 5:00 Close              | 5:00 Close              | 5:00 Close              |

## Menu

| Monday 7/22                              | Tuesday 7/23                                    | Wednesday 7/24                         | Thursday 7/25        | Friday 7/26 |
|--|---|--|----------------------|-------------|
| Orange Fried Chicken<br>Rice and Veggies | Egg Casserole<br>Veggies<br>Tater-Tots and Hash | Ribs<br>Green Beans<br>Loaded Potatoes | Taco Salad<br>Nachos | Pizza       |

Monday 7/22



91/73

Tuesday 7/23



90/73

Wednesday 7/24



90/72

Thursday 7/25



88/72

Friday 7/26



88/72

