

**WEEK OF
07/15/2019**



GOC WEEKLY GAZETTE

Announcements:

7/19 Consumer Advisory Group meeting at 11am
7/20 Root & Pecker Market 11-3pm

7/29 CIT 1-3pm

Peer Network

There is a new peer mental health organization in town called Peer Beyond Alliance. Gainesville Opportunity Center will be hosting the community resource committee once a month. There are several ways to be involved. One of the ways to be involved is to look us up on social media and follow us. There are also several committees with which you can serve. There is the Community Education Committee, Event Planning, Community Outreach and the Community Newsletter. In addition, you can attend the meetings. The next meeting will be at meridian behavioral healthcare, which is located at 4300 SW 13th street 32608, on July 31st we will keep you updated on the time. If you have any support groups or groups that would be interested in Peer Beyond Alliance please email info@peerbeyond.org. The goal is to bring peers together so that peers become more active in the recovery process for each other. They're hoping to provide support in general to peers, legislation updates, our rights and responsibilities and peer support certification.

Consumer Advisory Council Meets

The Consumer Advisor Council will be meeting at the GOC On Friday July 19. The CAC is open to all consumers of mental health services in our area. The meeting occurs monthly at the GOC, usually on the second Friday of the month at 10am. We will be meeting this month on the third Friday at 11am due to scheduling conflicts.

The CAC gives peers the chance to interact with other Peers as well as the Managing Entity of the North East Florida Region. Lutheran Services of Florida is that managing entity. They are paid by the Florida Department of Children and Families to monitor and distribute state funding where it is needed. AT the CAC meetings, LSF gets a chance to hear from consumers of services what is working for them and where unmet needs may be.

So you may be helping yourself, and you may be helping others through participating. We hope to see you here!

GOC WEEKLY GAZETTE

Every week we share a Clubhouse Standard.
 These standards come from The International Clubhouse Coalition.
 Are we meeting or exceeding these standards?
 Do we need improvement? Members and staff will discuss the
 weekly standard at each day's morning meeting.

Standard #23

The Clubhouse offers its own Supported and Independent Employment to assist members to secure, sustain and subsequently, to better their employment. As a defining characteristic of Clubhouse Supported Employment, the Clubhouse maintains a relationship with the working member and the employer. Members and staff in partnership determine the type, frequency and location of desired supports.

*Members have a **Right** to a safe place to come.*

Members will be treated with dignity and respect at the GOC.

*Members have a **Responsibility** to treat others how they wish to be treated.*

Activities

Monday 7/15	Tuesday 7/16	Wednesday 7/17	Thursday 7/18	Friday 7/19
9:00 Club opening tasks	9:00 Club opening tasks	9:00 Club opening tasks	9:00 Club opening tasks	9:00 Club opening tasks
10:00 Morning meetings	10:00 Morning meetings	10:00 Morning meetings	10:00 Morning meetings	10:00 Morning meetings
11:00 Lunch Prep	11:00 Lunch Prep	11:00 Lunch Prep	10:00 Job Readiness	11:00 Lunch Prep
12:00 Lunch	12:00 Lunch	12:00 Lunch	11:00 Lunch Prep	12:00 Lunch
12:30 Lunch Cleanup	12:30 Lunch Cleanup	12:30 Lunch Cleanup	12:00 Lunch	12:30 Lunch Cleanup
1:00 Computer Class	1:00 Gardening	1:00 Art Class	12:30 Lunch Cleanup	1:00 GOC Website
4:00 Closing tasks	4:00 Closing tasks	4:00 Closing tasks	4:00 Closing tasks	4:00 Closing tasks
5:00 Close	5:00 Close	5:00 Close	5:00 Close	5:00 Close

Menu

Monday 7/15	Tuesday 7/16	Wednesday 7/17	Thursday 7/18	Friday 7/19
Chicken and rice with gravy	Spaghetti with sausage	Chicken and sweet potatoes	Hot dogs and homemade potatoes	Pork loin and mixed veg- gies

Monday 7/15



93/74

Tuesday 7/16



93/75

Wednesday 7/17



92/75

Thursday 7/18



92/75

Friday 7/19



91/75

