

WEEK OF
06/17/2019



GOC WEEKLY GAZETTE

Announcements:

June 19th: City Commissioner Helen Warren visits at 10:30am.

June 19th: Peer Specialist Network at 4:30

June 24th: Pasco County groundbreaking of a new clubhouse

Peer Specialist Network

Wednesday, the 19th at 4:30pm

Advocacy isn't for doctors alone. Along with the government, the community as a whole, professionals from every field in co-operation and on and on, peers also play a role not only in their own advocacy but with the people around them suffering from mental illness their input is invaluable. Having time to listen and help problem solve issues or just listen to fellow members of the community vent is being recognized more and more by professionals in the mental health community, and as a result they are being hired as contributors to the team of mental health. Typically, actual employment as a peer support specialist worker requires some training and a period of a time of recovery from mental health illness.

Peer Support Works!!!

Pasco County Groundbreaking

Pasco County in Florida is in the process of opening a Vincent House, which is a sister house of our own GOC. The new clubhouse is a welcome addition to aid in those suffering from mental illness in the state of Florida specifically of course the local community of Pasco County. The groundbreaking ceremony is at 10 a.m.. On Monday June 24th with the motto "Recovery through work".

The GOC is one of 11 Clubhouses in Florida. Pasco County will be number 12. And if that isn't enough exciting news, NAMI of Marion County will soon be building starting a Clubhouse in Ocala. We are so excited to see the Clubhouse Community grow!!!

GOC WEEKLY GAZETTE

Every week we share a Clubhouse Standard. These standards come from The International Clubhouse Coalition. Are we meeting or exceeding these standards? Do we need improvement? Members and staff will discuss the weekly standard at each day's morning meeting.

Standard #19

All work in the Clubhouse is designed to help members regain self-worth, purpose and confidence: it is not intended to be job specific training.

*Members have a **Right** to a safe place to come.*

Members will be treated with dignity and respect at the GOC.

*Members have a **Responsibility** to treat others how they wish to be treated.*

Activities

Monday 6/17	Tuesday 6/18	Wednesday 6/19	Thursday 6/20	Friday 6/21
9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks
10:00: Morning meetings	10:00: Morning meetings	10:00: Morning meetings	10:00: Morning meetings	10:00: Morning meetings
11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep
12:00: Lunch	12:00: Lunch	12:00: Lunch	12:00: Lunch	12:00: LuAnch
12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup
1:00: Computer Class	1:00: Gardening	1:00: Art Class	1:00: Job Readiness	1:00: GOC Website
4:00: Closing tasks	4:00: Closing tasks	4:00: Closing tasks	4:00: Closing tasks	4:00: Closing tasks
5:00: Close	5:00: Close	5:00: Close	5:00: Close	5:00: Close

MENU

Monday 6/17	Tuesday 6/18	Wednesday 6/19	Thursday 6/20	Friday 5/21
Hot Dogs	Chicken	Lasagna	Pork Chops	Corn Beef
Hamburgers	Curried Cauliflower	Garlic Bread	Sweet Potato Casserole	Cabbage
Pasta Salad	Fruit	Salad	Stuffing	Potatoes & Carrots
	Roasted Potatoes			

Monday 6/17



89/73

Tuesday 6/18



88/73

Wednesday 6/19



88/73

Thursday 6/20



89/74

Friday 6/21



91/75

