

WEEK OF 2/18/2019



Rebuilding lives
Removing stigma
Restoring dignity
Resource
for mental health recovery

GOC WEEKLY GAZETTE

Our New Hire

By: Mike L

Our very own Maggie Hannon has been hired for the Program Director Position here at the GOC!

She was hired February 11, 2019. She starts March 4th. She is going to help develop the program to get us accredited. Maggie will focus on the day to day operation of the Club and the work ordered day. She is going to be Co-Director with Brett; whose new title is “Community Engagement Director”.

Brett will engage the community to support G.O.C so we can grow.

I think Maggie is a good fit because the members are familiar with her and she is a hard worker.

With one director everything seemed possible. With two directors anything is possible.

History of Clubhouses

By: David S.

While everyone here at GOC knows what mental health clubhouses are, I would guess that not everyone knows the history and origin of mental health clubhouses.

Fountain House was the very first mental health clubhouse that got up and running in New York in 1948, and ever since has been the “model” for clubhouses to mirror all over the world. The word “clubhouse” was used to represent the vision and work that Fountain House wanted to assimilate into their new idea. Fountain House first formed when patients of a psychiatric hospital in New York started to meet informally as a sort of “club.” Rather than a treatment program or a service program, Fountain House was a support system for adults living with a mental illness.

Since then, mental health organizations modeled after Fountain House started popping up all over the world, and started calling themselves “clubhouses”—because the name clearly conveys a sense of membership and belonging.

Then, this whole idea of the inclusion of adults living with a mental illness has grown over to Gainesville with the Gainesville Opportunity Center, at it’s heart the “clubhouse” way of working.



GOC WEEKLY GAZETTE

Every week we share a Clubhouse Standard. These standards come from The International Clubhouse Coalition. Are we meeting or exceeding these standards? Do we need improvement? Members and staff will discuss the weekly standard at each day's morning meeting.

Standard #28

The Clubhouse is committed to securing a range of choices of safe, decent, and affordable housing for all members. The Clubhouse has access to housing opportunities that meet these criteria, or if unavailable, the Clubhouse develops its own housing program. Clubhouse programs meet the following basic criteria.

*Members have a **Right** to a safe place to come.*

Members will be treated with dignity and respect at the GOC.



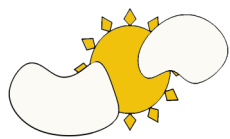


*Members have a **Responsibility** to treat others how they wish to be treated.*

Activities

Monday 2/18	Tuesday 2/19	Wednesday 2/20	Thursday 2/21	Friday 2/22
9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks
10:00: Morning meetings	10:00: Morning meetings	10:00: Morning meetings	10:00: Morning meetings	10:00: Morning meetings
11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep
12:00: Lunch	12:00: Lunch	12:00: Lunch	12:00: Lunch	12:00: Lunch
12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup
1:00: Technology Class	1:00: Gardening	1:00: Art Class	1:00: Job Readiness	1:00: Newsletter
4:00: Closing tasks	4:00: Closing tasks	4:00: Closing tasks	4:00: Closing tasks	4:00: Closing tasks
5:00: Close	5:00: Close	5:00: Close	5:00: Close	5:00: Close

MENU

Monday 02/18	Tuesday 02/19	Wednesday 02/20	Thursday 02/21	Friday 02/22
Baked Chicken Rice Vegetables	Tacos Vegetables	Sandwiches Soup	Breakfast Sausage Eggs	Leftovers

Monday 2/18	Tuesday 2/19	Wednesday 2/20	Thursday 2/21	Friday 2/22
				
78/64	83/66	82/64	80/66	78/60