

WEEK OF 1/21/2019



Rebuilding lives
Removing stigma
Restoring dignity
Resource
for mental health recovery

GOC WEEKLY GAZETTE

GOC Staff's Visit to Vincent Academy in Springhill By: David S.

On Tuesday, January 15th, Brett, Ouida, and Stephanie visited Vincent House's new second location, Vincent Academy, in Springhill, Florida in Hernando County. Ouida was very impressed with the Vincent Academy. Although they are similar in size to GOC in space, and had slightly less members, they are accredited. They had a very homey feel, and they were very welcoming.

The GOC Staff who visited Vincent Academy learned more about accreditation. For a clubhouse to be accredited, it must meet the International Clubhouse (ICCD) Standards. Accreditation allows us to gain more recognition as a clubhouse and permits more funding opportunities.

Vincent Academy had two units: Business and Culinary. Their kitchen was well organized, but relatively small. They had two lunch periods: one at 11:45, and one at 12:30. Dani, a Clubhouse Generalist, organized the Business Unit and had great success with helping members getting employment. They had 4 Transitional Employment positions, with an additional two in the process of getting established.

Vincent Academy also has a wall filled with famous people who are living with a mental health condition as an inspiration. It provides hope to the members because if these individuals who are famous can succeed in living with mental illness, so can the members who are taking the next step to becoming employed.



GOC WEEKLY GAZETTE

Every week we share a Clubhouse Standard. These standards come from The International Clubhouse Coalition. Are we meeting or exceeding these standards? Do we need improvement? Members and staff will discuss the weekly standard at each day's morning meeting.

Standard #25

The Clubhouse assists members to further their vocational and educational goals by helping them take advantage of adult education opportunities in the community. When the Clubhouse also provides an in-house educational program, it significantly utilizes the teaching and tutoring skills of members.

*Members have a **Right** to a safe place to come.*

Members will be treated with dignity and respect at the GOC.

*Members have a **Responsibility** to treat others how they wish to be treated.*

Activities

Monday 1/21	Tuesday 1/22	Wednesday 1/23	Thursday 1/24	Friday 1/25
9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks
10:00: Morning meetings	10:00: Morning meetings	10:00: Morning meetings	10:00: Morning meetings	10:00: Morning meetings
11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep
12:00: Lunch	12:00: Lunch	12:00: Lunch	12:00: Lunch	12:00: Lunch
12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup
1:00: Technology Class	1:00: Entrepreneurship	1:00: Art Class	1:00: Job Readiness	1:00: Games
4:00: Closing tasks	4:00: Closing tasks	4:00: Closing tasks	4:00: Closing tasks	4:00: Closing tasks
5:00: Close	5:00: Close	5:00: Employment Dinner	5:00: Close	5:00: Close

MENU

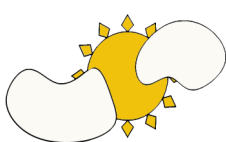
Monday 01/21	Tuesday 01/22	Wednesday 01/23	Thursday 01/24	Friday 01/25
Sandwiches Salad	Chicken Rice Veggies Salad	Tacos Rice Veggies Salad	Turkey Salad	Left Overs Salad

Monday 1/14



55/37

Tuesday 1/15



68/53

Wednesday 1/16



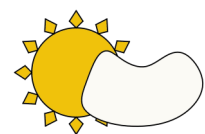
73/56

Thursday 1/17



68/46

Friday 1/18



64/42