

WEEK OF 12/10/2018



Rebuilding lives
Removing stigma
Restoring dignity
Resource
for mental health recovery

GOC WEEKLY GAZETTE

New GOC Promotional Video!

Everybody!: Check out our new promotional video on our GOC Facebook Page!!! This awesome video that Brett made with the help of Lisa Blanket will help people who aren't familiar with GOC see what the GOC is, and will help businesses who want to hire adults living with a mental illness know where to find us!

With care, Brett wrote, shot, directed, and produced this new video, and Lisa Blanket, a UF journalism student helped to edit the video with Brett's assistance. Now that we have a new media unit, here at the GOC, we will be coming out with more of videos like this one!

The new videos that the GOC members will help make will be a part of our Media Unit, and Fundraising Unit. If you would like to participate, come on by the GOC weekly on Mondays at 2:00pm for our Media Unit Workshop, and Tuesdays at 2:30pm for our Fundraising Meeting.



If you haven't seen our other promotional videos, please go to the GOC website: ***goclubhouse.org***, and check them out!!!

GOC WEEKLY GAZETTE

Every week we share a Clubhouse Standard. These standards come from The International Clubhouse Coalition. Are we meeting or exceeding these standards? Do we need improvement? Members and staff will discuss the weekly standard at each day's morning meeting.

Standard #18

The Clubhouse is organized into one or more work units, each of which has sufficient staff, members, and meaningful work to sustain a full and engaging work-ordered day. Unit meetings are held to foster relationships as well as to organize and plan the work of the day.

*Members have a **Right** to a safe place to come.*

Members will be treated with dignity and respect at the GOC.

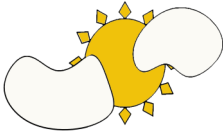




*Members have a **Responsibility** to treat others how they wish to be treated.*

Activities

Monday 12/10	Tuesday 12/11	Wednesday 12/12	Thursday 12/13	Friday 12/14
9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks
10:00: Morning meetings	10:00: Morning Meeting	10:00: Morning meetings	10:00: Morning meetings	10:00: Morning meetings
11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep
12:00: Lunch	12:00: Lunch	12:00: Lunch	12:00: Lunch	12:00: Lunch
12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup
1:00-3:00: Tech Class	1:00: Crafting/Business	1:00: Art Class	1:00: Job Readiness	1:00: Games
3:00-5:00 Media Unit	4:00: Closing tasks	4:00: Closing tasks	4:00: Closing tasks	4:00: Closing tasks
4:00: Closing tasks	5:00: Close	5:00 Close	5:00: Close	5:00: Close
5:00 Close				

MENU

Monday 12/10	Tuesday 12/11	Wednesday 12/12	Thursday 12/13	Friday 12/14
Chili Cornbread	Hot Dogs Green Beans	Sloppy Joes Mixed Veggies Mashed Potatoes	Cold Cuts Chips Salad	Leftovers

Monday 12/10	Tuesday 12/11	Wednesday 12/12	Thursday 12/13	Friday 12/14
				
56/41	57/36	65/48	72/59	70/46