

WEEK OF 1/14/2019



Rebuilding lives
Removing stigma
Restoring dignity
Resource
for mental health recovery

GOC WEEKLY GAZETTE

Flapjack Fundraiser

By: Susan T.

On March 2, 2019, the Gainesville Opportunity Center will be having a “Flapjack Fundraiser” at Applebee’s. It will be from 8-10 am at the Applebee’s on NW 13th street. The address is 1005 NW 13th. Street Gainesville, Fl.32601. People will come and we will be serving pancakes, sausage and a drink. This will be the kickoff for our fundraising efforts for The Amazing Give.

We need
volunteers and



members to work the event as servers, greeters and bussers. We will be selling tickets ahead of time and the tickets are \$7.00 per person. Most of the proceeds will go towards the GOC, but since Applebee’s is providing the food, we will get 5.00 per ticket sold and the rest

will go to Applebee’s. Our goal is to earn about one grand. If you’re interested in participating, please contact Stephanie.

GOC Employment Dinner

By: David S.



There will be an “GOC Employment Dinner” at the GOC on Wednesday, January 23rd from 5pm to 7pm. This will be a chance for members who are employed and can’t make it to the GOC during the 9 to 5 hours, and would like to still be connected to the GOC—and to encourage members who would like to be employed to get jobs. There will be a guest speaker, as well as a GOC member guest speaker.

We will also be presenting information about how to make money at a job and still keep your disability money.

GOC WEEKLY GAZETTE

Every week we share a Clubhouse Standard. These standards come from The International Clubhouse Coalition. Are we meeting or exceeding these standards? Do we need improvement? Members and staff will discuss the weekly standard at each day's morning meeting.

Standard #24

Members who are working independently continue to have available all Clubhouse supports and opportunities including advocacy for entitlements and assistance with housing, clinical, legal, financial and personal issues, as well as participation in the evening and weekend programs.

*Members have a **Right** to a safe place to come.*

Members will be treated with dignity and respect at the GOC.

*Members have a **Responsibility** to treat others how they wish to be treated.*

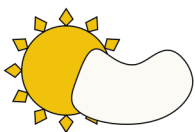
Activities

Monday 1/14	Tuesday 1/15	Wednesday 1/16	Thursday 1/17	Friday 1/18
9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks
10:00: Morning meetings	10:00: Morning meetings	10:00: Morning meetings	10:00: Morning meetings	10:00: Morning meetings
11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep
12:00: Lunch	12:00: Lunch	12:00: Lunch	12:00: Lunch	12:00: Lunch
12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup
1:00: Technology Class	1:00: Entrepreneurship	1:00: Art Class	1:00: Job Readiness	1:00: Games
4:00: Closing tasks	4:00: Closing tasks	4:00: Closing tasks	4:00: Closing tasks	4:00: Closing tasks
5:00: Close	5:00: Close	5:00 Close	5:00: Close	5:00: Close

MENU

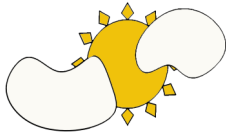
Monday 01/14	Tuesday 01/15	Wednesday 01/16	Thursday 01/17	Friday 01/18
Meatloaf Salad Veggies	Baked chicken Salad Veggies	Breakfast	Tater Tot Casserole Salad Veggies	Leftovers Salad

Monday 1/14



62/42

Tuesday 1/15



60/36

Wednesday 1/16



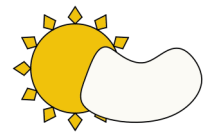
64/41

Thursday 1/17



69/47

Friday 1/18



71/49

