

WEEK OF 12/03/2018



Rebuilding lives
Removing stigma
Restoring dignity
Resource
for mental health recovery

GOC WEEKLY GAZETTE

GOC 2018 Holiday Party



The GOC will be hosting its annual Holiday party on Thursday, December 20th. It will be during GOC hours, starting around 11 am and going on into the afternoon. A special holiday lunch will be served. We will be having a pot roast, Brett's homemade mashed potatoes, vegetables, and salad. We will be serving vegetable eggrolls as our vegetarian option.

We will be having a White Elephant gift exchange. If you would like to participate in the gift exchange please bring a \$5 wrapped gift to the

party and you never know what gift you will go home with!

We will also be having a bunch of fun activities going on throughout the day. We will be having a karaoke dance. We will also be playing a holiday themed Bingo. There will also be a cookie decorating table for dessert.

This will be a closed event for Members and staff. We will be celebrating all the success of the year, and have a fun time with one another. We hope you can make it.

Al
da
Lu
ch

GOC WEEKLY GAZETTE

Every week we share a Clubhouse Standard. These standards come from The International Clubhouse Coalition. Are we meeting or exceeding these standards? Do we need improvement? Members and staff will discuss the weekly standard at each day's morning meeting.

Standard #15

The work done in the Clubhouse is exclusively the work generated by the Clubhouse in the operation and enhancement of the Clubhouse Community. No work for outside individuals or agencies, whether for pay or not, is acceptable work in Clubhouse. Members are not paid for any Clubhouse work, nor are there any artificial rewards systems.

*Members have a **Right** to a safe place to come.*

Members will be treated with dignity and respect at the GOC.

*Members have a **Responsibility** to treat others how they wish to be treated.*

Activities

Monday 12/3	Tuesday 12/4	Wednesday 12/5	Thursday 12/6	Friday 12/7
9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks
10:00: Morning meetings	10:00: Morning Meeting	10:00: Morning meetings	10:00: Morning meetings	10:00: Morning meetings
11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep
12:00: Lunch	12:00: Lunch	12:00: Lunch	12:00: Lunch	12:00: Lunch
12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup
1:00-3:00: Tech Class	1:00: Crafting/Business	1:00: Art Class	1:00: Job Readiness	1:00: Games
3:00-5:00 Media Unit	4:00: Closing tasks	4:00: Closing tasks	4:00: Closing tasks	4:00: Closing tasks
4:00: Closing tasks	5:00: Close	5:00 Close	5:00: Close	5:00: Close
5:00 Close				

MENU

Monday 12/3	Tuesday 12/4	Wednesday 12/5	Thursday 12/6	Friday 12/7
Chicken, Cauliflower rice, Stir-Fry Veggies Salad	Cold Cuts, Green Bean Casserole, Mashed Potatoes, Salad	Eggs, Grits, Sausage	Meatloaf, Vegetables, Mashed Potatoes, Salad	Leftovers

Monday 12/3



77/64

Tuesday 12/4



71/41

Wednesday 12/5



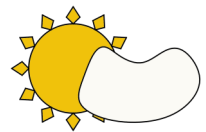
59/36

Thursday 12/6



61/40

Friday 12/7



68/49