

NOVEMBER 2018

GOC GAZETTE



Rebuilding lives
Removing stigma
Restoring dignity
Resource
for mental health recovery

102 E. 10th Ave., Gainesville, FL 32601

Our Trip to Sarasota for Clubhouse Training

As the primary goal of the GOC is to help those living with mental illness gain independence and get back into the work force, we were thrilled to participate in a statewide conference on Employment practices for adults with this condition.. The GOC participated in a statewide employment conference hosted by the Florida Clubhouse Coalition. The coalition is the statewide group of clubhouses that come together to advocate for the growth of Clubhouses in our state.

Our very own, Executive Director Brett Buell made the first presentation. He discussed marketing, and the many ways clubhouses market themselves to potential members, donors, and the community. James Wineger, of Hope Clubhouse, gave the second presentation on Transitional Employment. This type of employment is crucial to getting accredited. It helps members prepare for supported and independent employment. The third speaker was Debra Webb, of Key Clubhouse of South Florida. She spoke on Supported Employment. The differences between Supported Employment (SE) and Temporary Employment (TE) are: 1.) SE is not time limited, 2.) The position belongs to the member, not the clubhouse, 3.) They must go through a competitive interview process (they will be competing for a position rather than placed in

one given to the clubhouse), 4.) Clubhouses can provide can provide on-the-job training (OJT) and develop positions, but not coverage and 5.) There is an agreement that the clubhouse will support both the employer and the member, however, the employer will award the Member the position based on the belief that the member can do the work. Stacy Hodge from Charlotte's Place did the fourth presentation on Independent Employment (IE). IE is joining the work force again on your own and having a regular job with no attachment to the clubhouse.

The clubhouses present were: Vincent House, Charlotte's Place, Kate's Place, Key Clubhouse of South Florida, Hope Clubhouse of SW Florida, Academy at Glengary, and Gainesville Opportunity Center. The conference was hosted by Academy at Glengary. T a brand new state of the art Clubhouse facility.

GOC Staff and Members at Sarasota



Pictured From Left: Brian, Wilson, Karla, Stephanie, Diane, Cristina, Brett, Reid, Ouida and Lloyd

GOC Working Toward Accreditation

The Gainesville Opportunity Center is working becoming a fully accredited by the International Clubhouse Association. While we follow the standards and practices laid out in the Clubhouse model, we are in the process of developing some key programs necessary for full accreditation. As Clubhouses follow a recovery through work model aimed at getting our members employed, refocusing our daily activities on meaningful work related activities is key. Finding businesses in the community to partner with us is also vital to our next steps forward. We will be able to help our members by providing more access to opportunities such as transitional, supported, and independent employment as well as assistance in achieving more education.

In order to become fully accredited, there are six steps that must be met. First, the self-study, in which the adherence to the Clubhouse standards are evaluated. Second, the faculty visits the Clubhouse for three-to-four days and meets with all those involved with the Clubhouse. Third, the findings report, in which the faculty evaluates the adherence to the standards. Fourth, is the determination on accreditation. Then we must adhere to ongoing ongoing consultation. Finally, employment of our members is evaluated as a major determination for accreditation.

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New Member Interview: Cristina Quiroga



Cristina is not new to clubhouses. She was a founding member, and vice president of the board of Key Clubhouse in Miami. About ten years ago, this clubhouse started with six founding board members, and about ten members.

In Miami, Cristina knew five parents with adult children who were living with mental illness who wanted a place for their adult children to go during the day. Their children were not socializing much and the parents thought a clubhouse would be a good place for them to go. Cristina and the parents of the adult children researched the internet and found the clubhouse model. Then, they went to a training to start a clubhouse of their own in Miami.

Their grant writer was their president of the board, and Able Trust, Peacock Foundation, and South Florida Behavioral Network provided their funding.

In the beginning, the founding members of Key Clubhouse met in a small living room, and from there they acquired a room in downtown Miami. Eventually, they outgrew that space and moved to their current location.

Key Clubhouse now serves 22 to 25 members a day. It is an accredited clubhouse. By being an active GOC member, and a member of the GOC board, Cristina hopes to help GOC become accredited.

In her spare time, Cristina likes the springs, kayaking, camping, and riding her bike. Her favorite color is blue, her favorite band is Led Zeppelin. She likes music so much that she does not have one favorite song. Cristina owns two guitars that she enjoys playing. She also likes to take pictures of the night sky, and is into astronomy.

Member Interview: Joel Ferguson

Joel is currently employed packing trucks for delivery at a local food business



Joel Ferguson became a member at the clubhouse in January. He started by washing dishes, cleaning bathrooms, cleaning the fish tank, and the refrigerator. Staff saw his potential and asked him to help in the kitchen. He happily obliged and quickly became a lead member.

Back in June, Joel felt that he was ready to rejoin the workforce. On July 2, Joel went to an interview at Cantain and was hired on the spot. Cantain is a warehouse that stocks trucks with food and beverages that are mainly delivered to Ocala. Joel stocks drinks for the drivers. He works 3 days a week. Joel has worked there for over 90 days and is awaiting his raise he gets after 90 days. He is happily employed and still comes to the GOC on a regular basis.

NOVEMBER 2018 Daily Calendar				
Monday	Tuesday	Wednesday	Thursday	Friday
9:00 - Open, Job sign-up for Culinary and Office	9:00 - Open, Job sign-up for Culinary and Office	9:00 - Open, Food Bank run, and Job sign-up for Culinary and Office	9:00 - Open, Job sign-up for Culinary and Office	9:00 - Open, Job sign-up for Culinary and Office
10:00 - Morning Meeting	10:00 - Morning Meeting	10:00 - Morning Meeting	10:00 - Morning Meeting	10:00 - Morning Meeting
10:15 - <u>Culinary:</u> Lunch Prep. <u>Office:</u> Outreach And Data Entry	10:15 - <u>Culinary:</u> Lunch Prep. <u>Office:</u> Outreach And Data Entry	10:15 - <u>Culinary:</u> Lunch Prep. <u>Office:</u> Outreach And Data Entry	10:15 - <u>Culinary:</u> Lunch Prep. <u>Office:</u> Outreach And Data Entry	10:15 - <u>Culinary:</u> Lunch Prep. <u>Office:</u> Outreach And Data Entry
12:00 - Lunch	12:00 - Lunch	12:00 - Lunch	12:00 - Lunch	12:00 - Lunch
12:30 - Afternoon Meeting, Job Sign up, Lunch Clean-up	12:30 - GOC Meeting, Job Sign up, Lunch Clean-up	12:30 - GOC Meeting, Job Sign up, Lunch Clean-up	12:30 - GOC Meeting, Job Sign up, Lunch Clean-up	12:30 - GOC Meeting, Job Sign up, Lunch Clean-up
1:00 - Technology Skill Building Class	1:00 - Entrepreneurship	1:00 - Art Class	1:00 - Job Readiness	1:00 - Social Friday
2:30 - <u>Office:</u> Media Unit, Inventory, Outreach. <u>Culinary:</u> Oven Cleaning, Organize Coffee Bar	2:30 - <u>Office:</u> Fundraising Unit, Newsletter. <u>Culinary:</u> Clean, Organize Coffee Bar	2:00 - Clubhouse Meeting 3:00 - <u>Office:</u> Media Unit, Outreach, Publicity; <u>Culinary:</u> Clean, Organize Coffee Bar	2:30 - <u>Office:</u> Fundraising, Newsletter; <u>Culinary:</u> GOC Cookbook, Clean	2:30 - <u>Office:</u> Clean fish tanks, Organize/file; <u>Culinary:</u> Deep Kitchen Cleaning
4:30 - closing duties	4:30 - closing duties	4:30 - closing duties	4:30 - closing duties	4:30 - closing duties
5:00 - close	5:00 - close	5:00 - close	5:00 - close	5:00 - close

Newsletters

We now have a weekly and monthly newsletter!

We need members to come help us work on them each week. Tuesdays and Thursdays at 1pm.

We will have meetings focused on content and technology regarding the newsletter, our website, and social media.

November Birthdays

We celebrate birthdays on the LAST Friday of each month. Come join us at 1pm on **November 30th, 2018** to celebrate with cake!

														
	Nov. 5. Alexis Henderson	Nov. 12. Edward Bernard												
	Nov. 6. Jeffery Davidson	Nov. 12. Ryan Jones												
	Nov. 6. David Delotelle	Nov. 20. Jose Cabeza												
	Nov. 11. Kaye Eaddy	Nov. 26. Ivan Evans												
														