

WEEK OF 9/24/2018



Rebuilding lives
Removing stigma
Restoring dignity
Resource
for mental health recovery

GOC WEEKLY GAZETTE

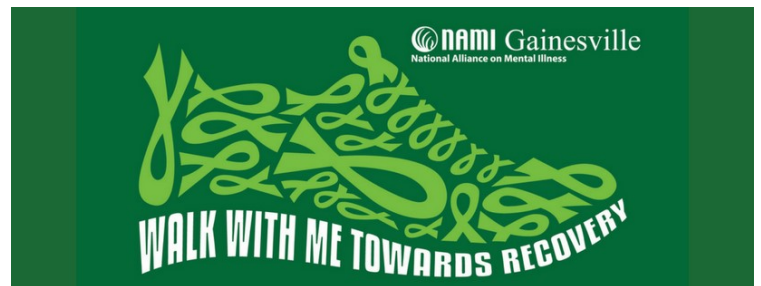
October 5th Closing

GOC will be closed on Friday, October 5, for staff training. The entire staff and some board members who are also active members will attend the training. We hope to learn how to improve GOC for anticipated growth in the next phase of the club's development. GOC will close an hour early on Thursday, October 4, when attendees leave for Sarasota. They will return the day of the training.



The focus of training will be on employment practices for members to find and retain jobs. Transitional employment, supportive employment, and independent employment will be covered. Attendees will also discuss with other clubhouses around Florida about how to best serve its members with their employment goals.

NAMI Walk: October 13th 8-11am



The National Alliance on Mental Illness or NAMI for short is having their annual walk on October 13 in Depot Park(200 SE Depot Ave). The purpose of this walk is to raise awareness for mental illness in our community. Brett Buell will be speaking, and we will also have an informational booth. Set-up will begin at 8:30 a.m., and the event will be 8-11. We want a strong presence from our members and our community so please come out and join us. For more information, please contact the clubhouse at (352) 224-5523.

GOC WEEKLY GAZETTE

Every week we share a Clubhouse Standard. These standards come from The International Clubhouse Coalition. Are we meeting or exceeding these standards? Do we need improvement? Members and staff will discuss the weekly standard at each day's morning meeting.

Standard #8

All Clubhouse meetings are open to both members and staff. There are no formal member only or formal staff only meetings where program decisions and member issues are discussed.

Members have a **Right** to a safe place to come.

Members will be treated with dignity and respect at the GOC.

Members have a **Responsibility** to treat others how they wish to be treated.

Activities

Monday 9/24	Tuesday 9/25	Wednesday 9/26	Thursday 9/27	Friday 9/28
9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks
10:00: Morning meetings	10:00: Morning Meeting	10:00: Morning meetings	10:00: Morning meetings	10:00: Morning meetings
11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep
12:00: Lunch	12:00: Lunch	12:00: Lunch	12:00: Lunch	12:00: Lunch
12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup
1:00-3:00: Tech Class	1:00: Crafting/Business	1:00: Art Class	1:00: Job Readiness	1:00: Games
3:00-5:00 Media Unit	4:00: Closing tasks	4:00: Closing tasks	4:00: Closing tasks	4:00: Closing tasks
4:00: Closing tasks	5:00: Close	5:00: Close	5:00: Close	5:00: Close
5:00 Close				

MENU

Monday 9/24	Tuesday 9/25	Wednesday 9/26	Thursday 9/27	Friday 9/28
Meatloaf Home style potato chips salad	Chicken Salad	Ribs Veggies Salad	Asian stir fry Vegetables Salad	Leftovers Salad

Monday 9/24



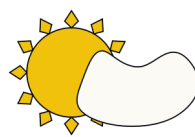
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Tuesday 9/25



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Wednesday 9/26



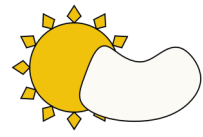
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Thursday 9/27



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Friday 9/28



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