

WEEK OF 4/23/18



Rebuilding lives
Removing stigma
Restoring dignity
Resource
for mental health recovery

GOC WEEKLY GAZETTE

Public Defender Visits GOC

Public Defender Stacey Scott came to the Gainesville Opportunity Center on Monday April 16, 2018. Ms. Scott visited to learn about mental health Clubhouses and see how the Public Defenders office might interact with the GOC, and we learned about what her job entails as a Public Defender. She shared that many her clients have mental illness, and beyond helping them in court and she hopes give them a path back to society. Many times mental health gets criminalized and the Public Defender was interested in visiting a mental health clubhouse to see what how the GOC benefits our Members. Ms. Scott listened to several members about how mental illness has impacted their lives, and voiced her commitment to treating with people living with mental illness with dignity, respect and non-violence.



Every week we will share a Clubhouse Standard. These Standards come from The International Clubhouse Coalition. Are we meeting or exceeding these standards? Or do we need improvement. Members and staff will be discussing the Weekly Standard at each day's morning meeting.

Standard #17 The Clubhouse is open at least 5 days a week. The work-ordered day parallels a typical working hours






Activities

Monday 4/23	Tuesday 4/24	Wednesday 4/25	Thursday 4/26	Friday 4/27
10:00-Morning meetings	10:00-Morning meetings	10:00-Morning meetings	10:00-Morning meetings	10:00-Morning meetings
10:30 Lunch Preparation	10:30 Lunch Preparation	10:30 Lunch Preparation	10:30 Lunch Preparation	10:30 Lunch Preparation
12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch
12:30 Lunch Cleanup	12:30 Lunch Cleanup	12:30 Lunch Cleanup	12:30 Lunch Cleanup	12:30 Lunch Cleanup
1:00 Website Workshop	1:00 Crafts Class	1:00 Art Class	1:00 Newsletter Work-	1:00 Newsletter Work-
3:00 Garden Harvest	Art Class	3:30 Closing Cleanup	shop	shop
3:30 Closing Cleanup	3:30 Closing Cleanup		3:30 Closing Cleanup	1:00 Social Activities
				3:30 Closing Cleanup

MENU

Monday 4/23	Tuesday 4/24	Wednesday 4/25	Thursday 4/26	Friday 4/27
Mark's Mom's Meatloaf	Taco Tuesday	Hot dogs	Vegetarian Chili	Cold Cut Sandwiches
Potato Crisps	Beans	Stir Fry	Stir Fry	Fresh Toppings
Stir Fry	Rice	Salad	Salad	
Salad	Salad			
	Stir Fry			

Weather

Monday 4/23	Tuesday 4/24	Wednesday 4/25	Thursday 4/26	Friday 4/27
				
80/65	82/61	81/59	81/59	79/57

