

WEEK OF 4/16/18



Rebuilding lives
Removing stigma
Restoring dignity
Resource
for mental health recovery

GOC WEEKLY GAZETTE

CIT Training at GOC

Members of local law enforcement came to the Gainesville Opportunity Center the second week in April for CIT Training. A Crisis Intervention Team (CIT) program is a model for policing that bring law enforcement and mental health care providers together to better help individual with mental illness and to improve police response to people in crisis.

During Crisis Intervention Training local law enforcement officers learn about people with mental health issues and how they can better interact with members of the community with mental health challenges. The Baker Act affects people with mental illness, and I have had to go through it myself. It is a hard situation for the police to know what to do with someone with mental illness, especially when people are in crisis.

For the police to be educated about how to handle situations or at least to de-escalate or calm situations down to prevent bad things from occurring is a proactive way that law enforcement can help our members.

Free Art/Music Show



The Gainesville Opportunity Center attended the April 7th Arts Market Family Free Art/Music Show at the First Magnitude Brewing Company. GOC was the non-profit recipient of the art market and we raised \$165 in donations. The members created the crafts and paintings that were sold at the market. We had many knit shawls, beanies, purses, bracelets, necklaces and earrings. There was live music and several different vendors selling their arts and crafts. It was a good experience for GOC members to get out into the community in a positive and constructive way.

Every week we will share a Clubhouse Standard. These Standards come from The International Clubhouse Coalition. Are we meeting or exceeding these standards? Or do we need improvement. Members and staff will be discussing the Weekly Standard at each day's morning meeting.

Standard #16 The work done in the Clubhouse is exclusively the work generated by the Clubhouse in the operation and enhancement of the Clubhouse community. No work for outside individuals or agencies, whether for pay or not, is acceptable work in Clubhouse. Members are not paid for any Clubhouse work, nor are there any artificial reward systems.

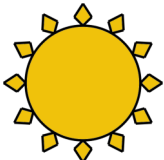
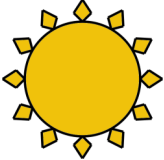
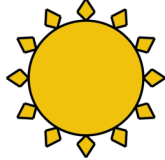


Activities

Monday 4/16	Tuesday 4/17	Wednesday 4/18	Thursday 4/19	Friday 4/20
10:00-Morning meetings	10:00-Morning meetings	10:00-Morning meetings	10:00-Morning meetings	10:00-Morning meetings
10:30 Lunch Preparation	10:30 Lunch Preparation	10:30 Lunch Preparation	10:30 Lunch Preparation	10:30 Lunch Preparation
12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch
12:30 Lunch Cleanup	12:30 Lunch Cleanup	12:30 Lunch Cleanup	12:30 Lunch Cleanup	12:30 Lunch Cleanup
1:00 Website Workshop	1:00 Crafts Class	1:00 Art Class	1:00 Newsletter Workshop	1:00 Newsletter Workshop
3:00 Garden Harvest	Art Class	3:30 Closing Cleanup	3:30 Closing Cleanup	1:00 Social Activities
3:30 Closing Cleanup	3:30 Closing Cleanup			3:30 Closing Cleanup

MENU

Monday 4/16	Tuesday 4/17	Wednesday 4/18	Thursday 4/19	Friday 4/20
Mark's Mom's Meatloaf	Taco Tuesday	Ham	Eggs	Cold Cut Sandwiches
Stir Fry	Beans	Stir Fry	Hashbrowns	Fresh Toppings
Salad	Rice	Salad		
	Salad			
	Stir Fry			

Weather

Monday 4/16	Tuesday 4/17	Wednesday 4/18	Thursday 4/19	Friday 4/20
				
75/50	72/56	86/56	83/54	73/55

