



Rebuilding lives
Removing stigma
Restoring dignity
Resource for mental health recovery

GOC WEEKLY GAZETTE

NAMI Marion County to visit GOC

NAMI from Marion County is coming to visit the GOC this week. Between six and eight people, including their president will be here. They will be bringing pizzas. We encourage members to come on Wednesday.

MENU

Monday 2/5	Tuesday 2/6	Wednesday 2/7	Thursday 2/8	Friday 2/2
Vegetarian spaghetti Stir fry veggies Salad Bread	Taco Tuesday Beans Rice Salad	Pizza Stir Fry Veggies Salad	Chicken Stir Fry Veggies Salad	Hamburgers Chips Salad
Monday 1/29	Tuesday 1/30	Wednesday 1/31	Thursday 2/1	Friday 2/2
10:00-Morning meetings 10:30 Lunch Preparation 12:00 Lunch 12:30 Lunch Cleanup 1:00 Computer Class 3:00 Garden Harvest 3:30 Closing Cleanup	10:00-Morning meetings 10:30 Lunch Preparation 12:00 Lunch 12:30 Lunch Cleanup 1:00 Crafts Class Art Class 3:30 Closing Cleanup	10:00-Morning meetings 10:30 Lunch Preparation 12:00 Lunch 12:30 Lunch Cleanup 1:00 Art Class 3:30 Closing Cleanup	10:00-Morning meetings 10:30 Lunch Preparation 12:00 Lunch 12:30 Lunch Cleanup 1:00 Newsletter Workshop 3:30 Closing Cleanup	10:00-Morning meetings 10:30 Lunch Preparation 12:00 Lunch 12:30 Lunch Cleanup 1:00 Newsletter Workshop 1:00 Social Activities 3:30 Closing Cleanup

Amazing Give

The GOC once again will be participating in the Amazing Give, an online fundraiser that the non-profit community of Gainesville will take part in March 21-22.

We will be working with the GOC Members on Mondays, Thursdays. And Fridays to include everyone in our Social Media Campaign leading up to the event.

Anyone who would like to help us with our fundraising efforts for the Amazing Give, please ask Brett how you can help.

Members can help simply by visiting our FaceBook page and remember to

Like & Share!

Every week we will share a Clubhouse Standard. These Standards come from The International Clubhouse Coalition. Are we meeting or exceeding these standards? Or do we need improvement. Members and staff will be discussing the Weekly Standard at each day's morning meeting.

Standard #5—Members at their choice are involved in the writing of all records reflecting their participation in the Clubhouse. All such records are to be signed by both member and staff.

