GOC *GAZETTE*

Gainesville Opportunity Center
GOC
A World of Growing Opportunities
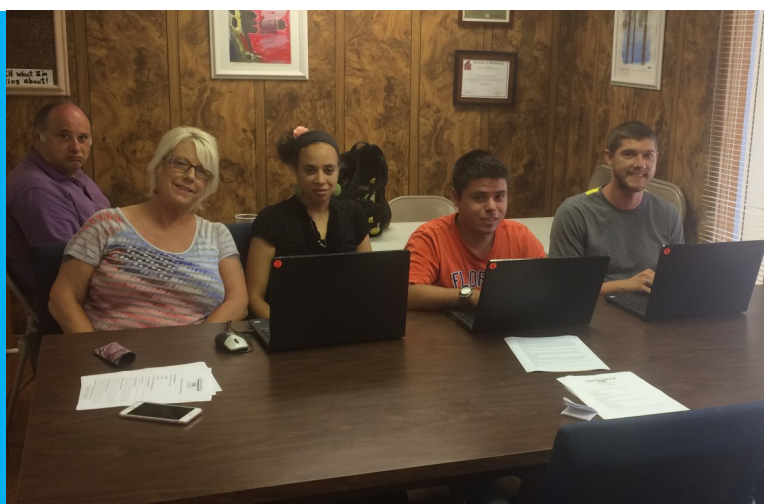www.GoClubhouse.org

Rebuilding lives

Removing stigma

Restoring dignity

Resource
for mental health recovery

The GOC is located at 102 E. 10th Ave., Gainesville, FL 32601

Microsoft Mondays
GOC Offers Microsoft Office training

In order to help our members enhance their job and life skills, the Gainesville Opportunity Center will be hosting Microsoft Office trainings on every Monday at 1:00pm. Led by GOC Executive Director Brett Buell, Members get a hands on training session every week on Microsoft Word, Excel, Powerpoint, and Publisher. Armed with our recent purchase of 10 laptop computers, we are able to work together in a round table setting to learn and refresh ourselves on skills.

Sandy, Susan, Chris and David enjoy Microsoft Office training.

Say you are already savvy in the Microsoft Office Suite? Then come help your fellow members learn. In order to keep the class moving forward, Members who have skills in this area are encouraged to help facilitate the classes. Eventually, we hope for Members to take lead and supportive roles in this training. And everything you do in the class, whether learning or helping, is great content for your resume. Come join us on Monday at one o'clock!

Other weekly activities include beading and crafts on Tuesdays, a Newsletter Workshop on Tuesdays, Art Class with Ann C. on Wednesday's and social time on Fridays. All activities start at 1:00pm.

Note: We are looking for a Thursday Activity. We hope to find something job skill or work related. If you have any ideas, please let us know!

GOC August Calendar

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 closed	31 12p lunch 12:30p cleanup 3p Office & Clubhouse Daily	Aug 1 12p Lunch 12:30p CleanUp 3p office & daily work tasks	2 12p lunch 12:30p Cleanup 1p Art Studio Class 3p Office & Daily Work Tasks	3 12p lunch 12:30p Cleanup 12:45p GOC Group Conscio 3p Office & Daily Work Tasks	4 12p lunch 12:30p Cleanup 3p Office & Daily Work Tasks	5 closed
6 closed	7 12p lunch 12:30p cleanup 1p Microsoft Office Training 3p Office & Clubhouse Daily	8 12p Lunch 12:30p CleanUp 1p Crafts and Beading +2 more	9 12p lunch 12:30p Cleanup 1p Art Studio Class 3p Office & Daily Work Tasks	10 12p lunch 12:30p Cleanup 12:45p GOC Group Conscio 3p Office & Daily Work Tasks	11 12p lunch 12:30p Cleanup 3p Office & Daily Work Tasks	12 closed
13 closed	14 12p lunch 12:30p cleanup 1p Microsoft Office Training 3p Office & Clubhouse Daily	15 12p Lunch 12:30p CleanUp 1p Crafts and Beading +2 more	16 12p lunch 12:30p Cleanup 1p Art Studio Class 3p Office & Daily Work Tasks	17 12p lunch 12:30p Cleanup 12:45p GOC Group Conscio 3p Office & Daily Work Tasks	18 12p lunch 12:30p Cleanup 3p Office & Daily Work Tasks	19 closed
20 closed	21 12p lunch 12:30p cleanup 1p Microsoft Office Training 3p Office & Clubhouse Daily	22 12p Lunch 12:30p CleanUp 1p Crafts and Beading +2 more	23 12p lunch 12:30p Cleanup 1p Art Studio Class 3p Office & Daily Work Tasks	24 12p lunch 12:30p Cleanup 12:45p GOC Group Conscio 3p Office & Daily Work Tasks	25 12p lunch 12:30p Cleanup 3p Office & Daily Work Tasks	26 closed
27 closed	28 12p lunch 12:30p cleanup 1p Microsoft Office Training 3p Office & Clubhouse Daily	29 12p Lunch 12:30p CleanUp 1p Crafts and Beading +2 more	30 12p lunch 12:30p Cleanup 1p Art Studio Class 3p Office & Daily Work Tasks	31 12p lunch 12:30p Cleanup 12:45p GOC Group Conscio 3p Office & Daily Work Tasks	Sep 1 12p lunch 12:30p Cleanup 3p Office & Daily Work Tasks	2 closed

Pizza Party!!!!!

And GOC activities aren't enough, activities continue Friday nights at Gainesville Peer Respite.

Pizza Fridays have been a blast! Every Friday at 6:30p.m., GOC members and other peers meet at Gainesville Peer Respite for pizza. After eating, we play games such as scrabble, monopoly, cards, and chess. We hope to see you there!

The Gainesville Peer Respite has various groups and wellness activities all month long. To see their calendar, click HERE.

Birthdays!!!!

Teresa O.	August 2
Lasheka R.	August 7
Robert M.	September 2
Sara O.	September 2
Karen M.	September 5
Regis G.	September 10
Travis K.	September 11
Joel A.	September 16
Ronald M.	September 17
Jessica KN.	September 22
Michael D.	September 25