

WEEK OF 7/16/18



Rebuilding lives  
Removing stigma  
Restoring dignity  
Resource  
for mental health recovery

# GOC WEEKLY GAZETTE

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## Community Meetings at the GOC

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Brett leading the CIT Training Meeting

Despite the reconstruction going on at the GOC, we were very fortunate to host a few important guests that directly impact our community.

Every year, the Alachua County Crisis Center hosts a special Crisis Intervention Team (CIT) training week for law enforcement officials. The GOC is one of the stops along their training route, and we were lucky to have them here on Monday, July 9th. Members and staff had the opportunity to share their experiences and help give trainees an idea of what is the best way to approach situations from their perspective. All ten trainees in attendance were able to gain insight from the stories and opinions shared.

The GOC also held our monthly Consumer Advisory Council Meeting on Friday, July 13th. A representative from Lutheran Health Systems of Florida (LSF) as well as a Peer-Specialist from Meridian visited to discuss the multitude of mental health services throughout Gainesville. Members were able to compare the services they receive and share what they enjoy about the GOC.

# GOC WEEKLY GAZETTE

Every week we will share a Clubhouse Standard. These standards come from The International Clubhouse Coalition. Are we meeting or exceeding these standards? Or do we need improvement? Members and staff will be discussing the weekly standard at each day's morning meeting.

## Standard #32

The Clubhouse has recreational and social programs during evenings and on weekends. Holidays are celebrated on the actual day they are observed.






Members have a **Right** to meaningful work at the Clubhouse. There are no jobs at the Club that are staff-only or Member-only. Members have a right to work without limitations.

## Activities

Monday 7/16	Tuesday 7/17	Wednesday 7/18	Thursday 7/19	Friday 7/20
9:00: Club opening tasks 10:00: Morning meetings 11:00: Lunch Prep 12:00: Lunch 12:30: Lunch Cleanup 1:00-4:00: Club Assembly We need members to help put the clubhouse back together!	9:00: Club opening tasks 10:00: Morning Meeting 11:00: Lunch Prep 12:00: Lunch 12:30: Lunch Cleanup 1:00: Crafting/Business 3:00: Closing tasks 4:00: Member Activities	9:00: Club opening tasks 10:00: Morning meetings 11:00: Lunch Prep 12:00: Lunch 12:30: Lunch Cleanup 1:00: Ann's Art Class 3:00: Closing tasks 4:00: Member Activities	9:00: Club opening tasks 10:00: Morning meetings 11:00: Lunch Prep 12:00: Lunch 12:30: Lunch Cleanup 1:00: Job Readiness 3:00: Closing tasks 4:00: Member Activities	9:00: Club opening tasks 10:00: Morning meetings 11:00: Lunch Prep 12:00: Lunch 12:30: Lunch Cleanup 1:00: Newsletter Workshop 3:00: Closing tasks 4:00: Member Activities

## MENU

Monday 7/16	Tuesday 7/17	Wednesday 7/18	Thursday 7/19	Friday 7/20
Take-Out Salad	Taco Tuesday Fruit Salad Potatoes Salad	Chicken Fresh veggies Salad	Breakfast Day! Eggs Sausage Salad	Leftovers Salad

Monday 7/16	Tuesday 7/17	Wednesday 7/18	Thursday 7/19	Friday 7/20
				
91/74	88/75	87/75	86/75	89/74