

WEEK OF 7/9/18



Rebuilding lives
Removing stigma
Restoring dignity
Resource
for mental health recovery

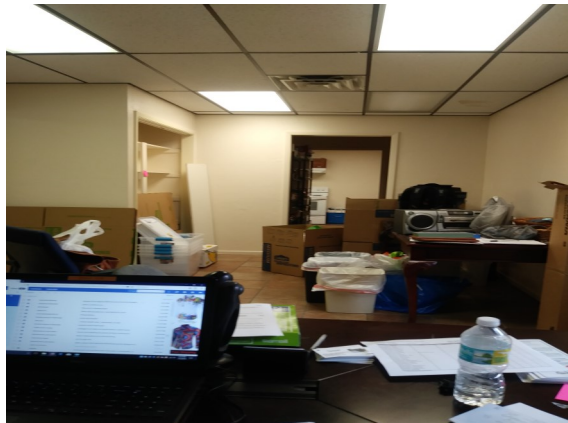
GOC WEEKLY GAZETTE

Where's the stapler?

Change can be tough, however the GOC is doing its best to get through its growth. The staff, members and board members have been working hard to get our clubhouse put back together. The place is all painted and the new IKEA desks assembled. However, there is still plenty to do at the club.



Joevan, Lee and Karen, making boxes



Looking into the former pantry,
from the new reception area

The GOC could use help unpacking boxes, putting things away (once we figure out where they go), and hanging decorations and corkboards back on the walls. We know that, once all the work is done, the GOC will look like a pristine butterfly newly emerged from its cocoon.

We'd like to take this opportunity to thank all those who came out last weekend for Operation Butterfly (two-day painting party). The GOC has a good ways to go before everything is done, but progress is a good thing. The expanded space will allow us to better serve our growing membership. And, we will be able to offer more programs.

GOC WEEKLY GAZETTE

Every week we will share a Clubhouse Standard. These standards come from The International Clubhouse Coalition. Are we meeting or exceeding these standards? Or do we need improvement? Members and staff will be discussing the weekly standard at each day's morning meeting.

Standard #30

The Clubhouse director, Members, staff and other appropriate persons participate in a three-week training program in the Clubhouse Model at a certified training base.


Members have a **Right** to meaningful work at the Clubhouse. There are no jobs at the Club that are staff-only or Member-only. Members have a right to work without limitations.

Activities

Monday 7/9	Tuesday 7/10	Wednesday 7/11	Thursday 7/12	Friday 7/13
9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks	9:00: Club opening tasks
10:00: Morning meetings	10:00: Gardening	10:00: Morning meetings	10:00: Morning meetings	10:00: Morning meetings
11:00: Lunch Preparation	11:00: Lunch Preparation	11:00: Lunch Prep	11:00: Lunch Prep	11:00: Lunch Prep
12:00: Lunch	12:00: Lunch	12:00: Lunch	12:00: Lunch	12:00: Lunch
12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup	12:30: Lunch Cleanup
1:00: CIT Training	1:00: Crafting/Business	1:00: Ann's Art Class	1:00: Job Readiness	1:00: Newsletter Workshop
3:00: CIT Training	3:00: Closing tasks	3:00: Closing tasks	3:00: Closing tasks	3:00: Closing tasks
4:00: Closing tasks	4:00: Member Activities	4:00: Member Activities	4:00: Member Activities	4:00: Member Activities

MENU

Monday 7/9	Tuesday 7/10	Wednesday 7/11	Thursday 7/12	Friday 7/13
Cold Cuts Soup Salad	Taco Tuesday Ground beef tacos Veggies Salad	Philly cheese steaks Fresh veggies Salad	Baked chicken with Mushroom soup Veggies Salad	Leftovers Salad

Monday 7/9	Tuesday 7/10	Wednesday 7/11	Thursday 7/12	Friday 7/13
				
89/74	88/72	91/72	92/74	93/75