

WEEK OF 4/9/18



Rebuilding lives
Removing stigma
Restoring dignity
Resource
for mental health recovery

GOC WEEKLY GAZETTE

The Amazing Give 2018

The GOC once again participated in The Amazing Give, an online fundraiser for the non-profit community of Gainesville that took place March 21 6pm - March 22 6pm. Friends and members of the GOC launched a Social Media Campaign for the event.

So far we have raised \$17,830 from 88 donors.

Thank you everyone for all of your help. These funds help provide programs at the Gainesville Opportunity Center that include employment education, software, seeds and equipment for our gardening work unit, staff training, as well as arts and crafts.

All this helps get the mentally ill out of isolation in their homes or apartments and gets them involved in a work-ordered day, reducing hospitalizations and encounters with the police.

Welcome To Our New Hire



Welcome to our new hire Ouida, Generalist for GOC. She started out as a member but is now happy to be helping out as a GOC employee.

She helps out with various activities and specializes in technology support.

She said “I very much believe in the clubhouse and peer support models for mental health recovery”.

Every week we will share a Clubhouse Standard. These Standards come from The International Clubhouse Coalition. Are we meeting or exceeding these standards? Or do we need improvement. Members and staff will be discussing the Weekly Standard at each day's morning meeting.

Standard #15 The work-ordered day engages members and staff together, side-by-side, in the running of the Clubhouse. The Clubhouse focuses on strengths, talents and abilities; therefore, the work-ordered day must not include medication clinics, day treatment or therapy programs within the Clubhouse.






Activities

Monday 4/9	Tuesday 4/10	Wednesday 4/11	Thursday 4/12	Friday 4/13
10:00-Morning meetings	10:00-Morning meetings	10:00-Morning meetings	10:00-Morning meetings	10:00-Morning meetings
10:30 Lunch Preparation	10:30 Lunch Preparation	10:30 Lunch Preparation	10:30 Lunch Preparation	10:30 Lunch Preparation
12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch	12:00 Lunch
12:30 Lunch Cleanup	12:30 Lunch Cleanup	12:30 Lunch Cleanup	12:30 Lunch Cleanup	12:30 Lunch Cleanup
1:00 Computer Class	1:00 Crafts Class	1:00 Art Class	1:00 Newsletter Workshop	1:00 Newsletter Workshop
3:00 Garden Harvest	Art Class	3:30 Closing Cleanup	3:30 Closing Cleanup	1:00 Social Activities
3:30 Closing Cleanup	3:30 Closing Cleanup			3:30 Closing Cleanup

MENU

Monday 4/9	Tuesday 4/10	Wednesday 4/11	Thursday 4/12	Friday 4/13
Turkey/Mac Goulash	Taco Tuesday	Vegetarian Spaghetti	Burgers	Pizza
Green Beans	Beans	Stir Fry	Mac & Cheese	Salad
Salad	Rice	Salad	Salad	
Rolls		Garlic Bread	Stir Fry	

Weather

Monday 4/9	Tuesday 4/10	Wednesday 4/11	Thursday 4/12	Friday 4/13
				
76/64	72/56	78/51	81/55	84/60

