

JULY 2017

VOLUME 8, ISSUE 5

GOC GAZETTE



Rebuilding lives
Removing stigma
Restoring dignity
Resource
for mental health recovery

The GOC is located at 102 E. 10th Ave.

Keeping Cool!

This month's theme is "Keeping Cool This Summer!" We have all kinds of great things for people to do in Gainesville to beat the heat.

Pizza Parties, Cool!!!!

The Gainesville Opportunity Center has teamed up with NAMI Gainesville, the Gainesville Peer Respite Center, and the Friends of the Crisis Center to host weekly social events every week. The events are free and take place every Friday from 6:30pm-8:30pm. At these events you can play games or watch a movie. And pizza is provided every week. Thank you to Papa John's Pizza and Robert Foster for providing pizzas at one of our recent events. We are actively looking for other sponsorships to differ the cost of the pizzas.

Staying Cool At the Pool

For those of you wanting to beat the heat this summer and have some fun, there are several places to swim in our area. GOC Member Kenny W. has researched several places to swim, and we are including them below:

[H. Spurgeon Cherry Pool](#)

1001 NW 31st. Dr. Gainesville, FL 32605

352 334-2187

6 to 8 AM weekdays 11am to 8 pm Sat 10am to 7pm Sun 11to 5

Located at the Westside Recreational facility, this is a City of Gainesville public pool. Admission is \$4.75 for adults and \$2.65 for kids. The pool is 50m in length, with two diving boards, and area to sunbathe, showers, and lifeguards on duty.

[Dwight H. Hunter Pool](#)

1100 NE 14th St. Gainesville, FL 32601

352 334-2191

Mon Thru Friday 6 to Thru Friday 6 to 9 AM 10 :30 to 8pm Sat 10:AM to 7:PM Sun 11:AM to 5:PM

Also known as the Northeast Pool, the cost of admission is \$3.95 per adult, and \$2.15 per kid. The are the same as the Westside Pool.

Click [here](#) for more info.

[Rum 138](#)

2070 SW County RD. Fort White, FL 32038

Movies coming out in July and August

By Jagger D.

This summer has a bunch of Big Name Movies coming out that will be sure to catch your attention. Kicking off this list we have Spiderman Homecoming for those of you who love the story of our web slinging hero Peter Parker. War for the Planet of The Apes is another big title for those who are ready to jump back on the storyline of Ceaser's dark mind as he battles with moral strife after devastating losses on the Apes side. There's also Valerian and the City of a Thousand Planets, Dunkirk, Girls Trip, The Emoji Movie, Atomic Blonde.

In August we have a big list of movies, kicking off with The Dark Tower, Kidnap, Wind River, Detroit, The Glass Castle, Annabelle: Creation, Nut Job 2: Nutty by Nature, The Hitman's Body Guard, The Life and Death of John Gotti, All Saints, Polaroid, and Leap (in chronological order). So for those of you who are looking to avoid the hot weather you should catch one of these great flicks.

What a great way to stay cool: Go to the movies. There are some real blockbusters this summer including *Wonder Woman!* We've included all the new releases coming soon to help you get out from under the sun.

July 2017

Spiderman Homecoming
 War For The Planet Of The Apes
 Kidnap
 Dunkirk
 Girls Trip
 The Emoji Movie
 Atomic Blonde

August 2017

The Dark Tower
 Wind river
 Detroit
 The Glass Castle
 Annabelle: Creation
 Nut Job 2
 The Hitman's Bodyguard
 The Life and Death Of John Gotti
 All Saints
 Polaroid
 Leap

With more room and growing attendance, the Gainesville Opportunity Center is looking for additional volunteers to lead groups on a regular basis.



With the theme of keeping cool this summer the Gazette Investigative team of Kenny, Adam, Janet and Maggie headed out to the streets of Gainesville in the quest of ice cream. Our first stop was Mochi down by the Hippodrome Theater. Unfortunately they were in the process of cleaning their machines so the frozen yogurt selections were limited. We sampled all they had, Kenny enjoyed the peanut butter chocolate, Maggie's favorite was the taro. Janet was amazed by all the toppings....we counted 40+ WOW! The staff was courteous, and the place was clean. The cost is \$.45 an ounce. They offer coupons in Gator Bucks and an online app called Hooked.

Next stop Karma Kreme on University Ave. This is a sweet little ice cream shop that sells a mixture of organic sundries. We were all curious about the vegan selections, which we learned are made from coconut water and coconut milk. Flavors were interesting for both the organic dairy (od) and the Vegan (v) selections. We settled on three Janet tried the Peanutbutter choc.(od), Adam went with the Galactica Mint (v) and Maggie tried the Ginger Cookie Caramel (v). The prices were moderate \$3.70 a scoop but we all agreed it was a good size scoop. Besides ice cream you can get coffee, pastries, and sandwiches. Something for EVERYONE!

Last stop Sweet Dreams.....Kenny's favorite of the day! Located in the shopping plaza at the corner of 34th and University not to far from Royal Park Theater (another great place to keep cool). Once again we had some interesting flavors to choose from Maggie went for the lavender and honey, Adam tried Baklava, Kenny went for the Peanutbutter Choc and Janet had Cookies and Crème with Gator sprinkles. The prices were reasonable \$1.79 for a scoop. They have local art on the wall. Time was running out and we needed to head back to GOC.

Our investigative team enjoyed all the ice cream shops we visited and agreed we would like to go again! Check out this link to find the ice cream shops closest to you or be adventurous and try something new!!

Here are some links to places to find [ice cream in Gainesville](#):

July and August Birthdays

							
	Lloyd B.		July 1				
	Reid S.		July 10				
	Theresa M.		July 13				
	Catherine K.		July 14				
	Kenny A.		July 20				
	David B.		July 26				
	Victor A.		July 28				
	Teresa O.		August 2				
	Lasheka R.		August 7				
							

Tech Toy Box wants GOC Members!

Tech Toy Box would like to teach you how to weld and/or 3D print and voc rehab might pay for it for you!

Chris Poirier talked to them and they said they need a minimum number of people to sign up so that they can start the classes and for you they might be free!

Please contact Chris Poirier for more information:

Cell Phone: 352-215-0349

Email: chrispoirier1013@gmail.com

Or in person at your convenience



Jungle Friends Primate Sanctuary and the GOC!

Jungle Friends is looking for volunteers and GOC members are the perfect people for the job! In fact, GOC Members Ouida M., Chris P. and Amy A are already working and volunteering there.

Volunteer shifts are from 7-11, 11-3, and 3-7 every day of the week

Jungle Friends has over 300 monkeys for you to meet!

You will begin as an Entry Level Volunteer and will have opportunities for advancement!

7-11 shift: Diet preparation, distribution, and clean up or cleaning, repairing, and landscaping in and around habitats; special enrichment and building projects are also available

11-3 shift: cleaning, repairing, and landscaping in and around habitats as well as special projects (chopping produce for monkeys on Wednesdays and Saturdays)

3-7 shift: cleaning, repairing, and landscaping in and around monkey habitats and special projects; closing shift– cleaning sanctuary and preparing for next morning

Sign up at <https://interland3.donorperfect.net/weblink/weblink.aspx?name=junglefriends&id=2> for volunteering!

After signing up, please schedule the day and time on volunteer manager Signup.


Please watch the 7-minute Almost Wild video to learn about Jungle Friends.

There is also a 15-minute Virtual Tour of Jungle Friends that is great as well!


Email volunteer@junglefriends.org if you have any further questions.

Amy A. has been volunteering there for a long time and Eddie began doing so. Chris P. and Ouida M. got a job there and learned about Jungle Friends through GOC!

GOC Cartoon



How too



Keep it

Cool



Summer

Fun time



Be Breezy

Graphic by: Joel F.