

# G.O.C. GAZETTE

The NEWSPAPER FOR THE  
GANINESVILLE OPPORTUNITY CENTER



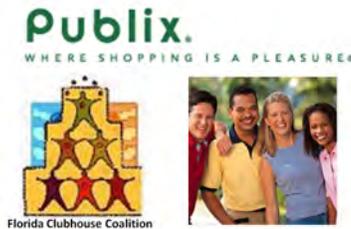
**Publix Corporation and Florida Clubhouse Coalition's  
clubhouses meet to discuss future  
employment opportunities.**

Why bother to establish a relationship with a major employer when the economy is doing so poorly? Because it can pay great dividends later! For the past four months or so the Florida Clubhouse Coalition have been developing a stronger communication with the Human Resources department located at Publix Corporate headquarters, specifically staff who are responsible for employee diversity. At the last FCC meeting Marcy Benton and Greta Dupre came to discuss with all the clubhouses in Florida ways that clubhouse members may

gain employment at the many Publix Supermarkets that exist throughout the state. The FCC and Publix Corporation will also be working on a memorandum of understanding to how specifically Clubhouse Transitional Employment would be included with other supported employment programs that work with Publix. GOC is ALWAYS interested in working with local employers and establishing positive and productive relationships that will enable members an opportunity for a quality work ex-

perience and the employer benefits from a well-trained and reliable worker! Check out Publix Diversity program at: <http://www.publix.com/about/DiversityInAction.do>

*-G.O.C. / F.C.C. Team*



**A CLUBHOUSE WITH TEMPORARY WALLS... what we are doing while working on a home..**

- Publish a newsletter
- Outreach to other potential members.
- Speak to community leaders and programs about the clubhouse.
- Visit other clubhouses to get ideas and inspiration.
- Have meetings to educate ourselves about clubhouse, support each other and help develop the club.
- Setup a support system for each other.
- Help with fundraising
- Socialize
- Attend conferences and workshops



Gainesville Opportunity Center, Inc.



## Holiday's at the club

A great time was had by all! Below are the working "elves" before digging in! To the right among the Christmas trees is our own Sara Onley playing Rudolf.



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## Clubhouse Employment

### Employment Interview



David Stevens works for Catholic Charities. He shreds paper and has been doing it for 2 months. He got this job from Pam and Mike at the Gainesville Opportunity

Center and has been involved in it about a year. Before he did this, he worked for

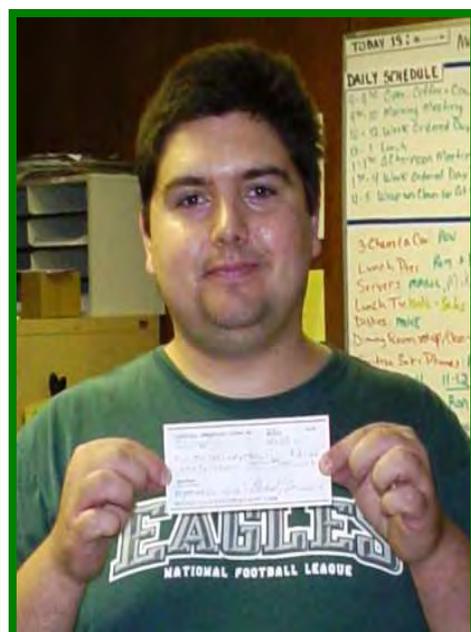
Publix in the produce department. He was concerned about doing his job well and that is why he joined the club to improve himself and have something to look forward too. He works on a number of projects but most of what he does is on the newsletter and the clubhouse data-base. He is the Editor-in-Chief of the

newsletter, this means he is responsible laying each newsletter, printing and proof reading it. He also continues to come to the club as often as possible, and hope that by coming here "I can develop skills to get a job."

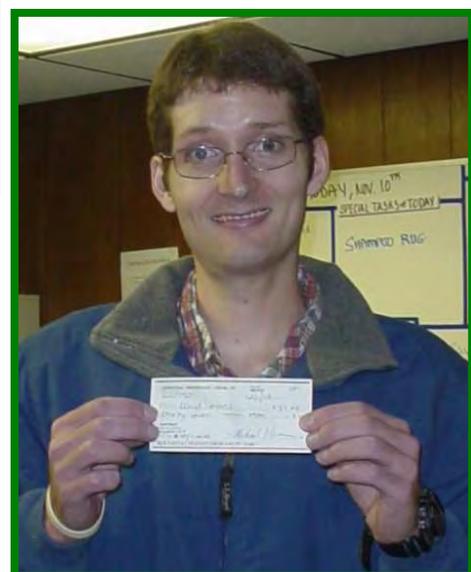
*By Mark Harriott*

<b>Transitional Employment Placements</b>				
Employer	Position	Schedule	Hours	Member
Catholic Charities	Shredder	M, W, F	6	David Stevens
Catholic Charities	Shredder	M, W, F	6	Mike Leyman

<b>Supported and Independent Employment</b>		
Member	Position/Employer	Hrs/Week
Andy Bernard	Dishwasher/Meridian	15
Dave Byrd	Peer Specialist/Meridian	20
Shirley Sheffield	File Clerk/Meridian	3
Sara Olney	Fiscal Clerk/Meridian	8
Theresa Mack	Office Clerk/Meridian	3
Sandy Callan	Peer Specialist/Meridian	20
Greg Umlauf	Peer Specialist/Meridian	16
Angie Miller	Client Advocate/Peaceful Paths	20
Mike Simmons	Health Care Worker/Independent Contractor	40
Debbie Osborne	Wellness Cart/Meridian	3 hrs/eow
Jane Paige	Cashier/Win-Dixie	20



Our Transitional Employment pioneers! Above is Michael Leyman, Below is David Stevens. Congratulations!



### Employment quote of the month:

"There is nothing like employment, active indispensable, employment for relieving sorrow."

*- Ralph Waldo Emerson*

**New Member Highlight—Mark Herriott**



How did you find the clubhouse? Through my sister on the internet in New Hampshire. She called and made me an appointment to come in.

How long have you been here? Since October 29th, 2008.

What do you hope the club can help you with? I want a part time job. Mostly though I want to do what the Lord has asked me to.

What skills do you have that could be used here? I'm a hard worker and I like people. I like doing outreach calls. I've got more confident in myself, and

learned to love the members as brothers and sisters.

What were you doing before you came here? I was just sitting around, eating heavily, sleeping 12 to 16 hours a day, and not getting dressed.

*By Shirley Sheffield*

**My Story**

My name is Ronald E. Brickle. I like for people to call me (Ron) for short! My goal is to train for employment to better my life and to be more independent. I play guitar and banjo (very little) and I love music of just about every style.

Until I heard about Gainesville Opportunity Center I wondered what to do about finding a job. Pam and Mike have been helpful in leading the way to employ-

ment. I feel good about the path that I am taking to find a way to get a job even though I am disabled.

Through smart contributions from people such as you, we could become contributors to the work forces of our community. With people training we could be independent citizens.

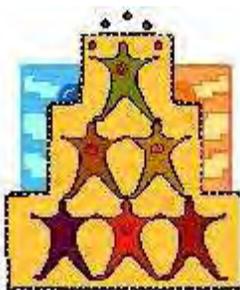
I thank you for taking the time to read

our news letter. Please come by and visit our family and meet us. Our address is printed on this news letter.

*By Ron Brickle*



**The Florida Clubhouse Coalition Meeting**



On December 5<sup>th</sup>, Mike Demers, Mike Leyman, Alexis Henderson, and Andy Bernard went to the Florida Clubhouse Coalition Meeting. There were about 45 people there, mostly from other Clubhouses. Different

people asked questions and the different Clubhouses shared ideas.

Andy Bernard spoke about the Treasury of Florida Clubhouse Coalition. The FCC collects dues from qualified Clubhouses in the amount of \$250 each, which is deposited in SunTrust Bank in Gainesville. He is very happy to serve with Mike Demers (President). Andy says "thank you."

The coalition meeting went well after lunch. Two Publix representatives came to discuss a relationship between Publix and the Clubhouses of Florida. They were very open to our transitional employment module and on a personal basis thought it sounded like a good idea.

They explained to us that they would first need to discuss this with their lawyers and they explained this could take time, but they were genuinely interested and confident that both parties would gain from this partnership.

In conclusion, everyone attending seemed to be satisfied that it was a success.

*By Mike Leyman, Edward "Andy" Bernard, Alexis Henderson and Michael Demers*

## Back up Quarterbacks



There has always been a reason for the need of a back up quarterback. The obvious main reasons is injuries and benching the starter for bad performance. The injury reason has gotten more important over the last 20 years. Mainly because defensive players (all players in general) have gotten bigger and stronger. Some are just mean, like the Lawrence Taylors and the Ray Lewis-like players.

Many quarterbacks in the NFL have had a major injury over their career, in which the back up was needed for several weeks, if not the whole season. The earliest example I can think of is when Phil Simms was injured and a young back up quarterback named Jeff Hostetler took the reins and led the Giants to the Super bowl. Jeff Hostetler never really became a super star; but he had that Cinderella like Super Bowl experience. The next chronological event I can think of is when Superstar Joe Montana was knocked out by Wilbur Marshall

of the Giants in a playoff game. Lefty Steve Young took over from there and even had a better career quarterback rating than Montana. But you can't say that Young was a better quarterback than Montana. Montana won four Super Bowls. And when Montana came back from his injury, he wasn't given the starting job outright. He was told he had to win it from Young. So he left for Kansas City.

The Rams were on a playoff tear when Trent Green got hurt and Kurt Warner had to take over. He performed incredibly, and led the Rams past the Titans in the Superbowl. Ironically, the next year the Rams lost to a team that had a back up take over.

That back up was Tom Brady. Drew Bledsoe was the starting quarterback who lead the Patriots for several seasons until getting seriously injured, in the 2001-2002 season. Tom Brady was the back-up quarterback (a 6th round draft choice!). He won his next 5 games and by February the Patriots were Superbowl Champions! Tom

has gone to appear in several Pro-Bowls, has won 3 Superbowls for the Patriots. Not bad for a back-up!

Then there are former Superstar quarterbacks that get traded mostly because they are too old to play at the level they once did. Joe Namath, Joe Montana and Brett Favre are some of them.

Starting quarterbacks know they are in trouble when their team drafts a quarterback in the first or second round. Ron Jaworski (Jaws) was one of those quarterbacks. Randall Cunningham was the one who took over his job. Donovan McNabb is maybe facing the same situation in Philadelphia over the next few years.

Matt Cassel took over this season when Tom Brady went down with a knee injury. We will see how he does in the playoffs. So in conclusion, back up quarterbacks are extremely important. Now more than ever.

*By Mike Leyman*

## The Clubhouse Connoisseur

*Due to the holidays our Clubhouse Connoisseur, has been overwhelmed with cooking, and has asked Pam Demers, our Program Director, and head bottle washer to take her place. The Head Chef will be back next month!*

### Taco Pizza Dip

This is a really easy recipe that is fun to make and looks great and tastes even better!

#### What you'll need

- 1lb Ricotta Cheese
- 1 large container softened whipped Cream Cheese
- 1 large jar salsa
- 1lb of shredded cheese (Cheddar or Mexican blend)
- 1 can sliced olives
- 1-2 medium red peppers diced
- 1 large tomato diced

- 1 jar jalapeños (optional)
- 1 container guacamole (optional)
- 1-2 large bags of tortilla chips
- 1 standard size pizza plate (glass is best)

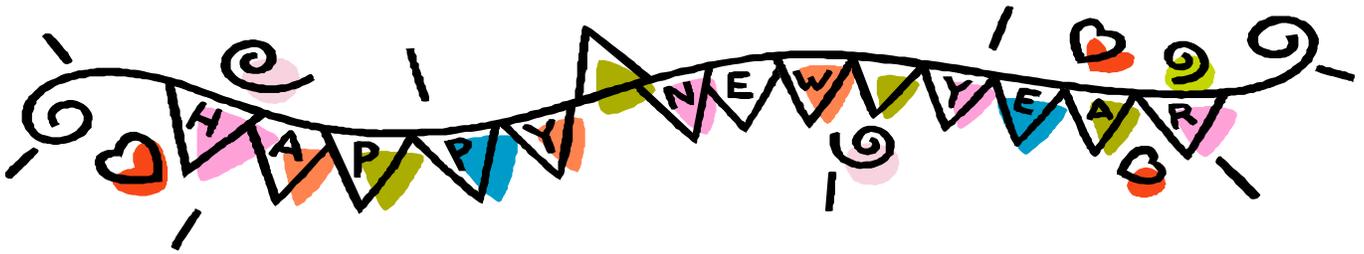
Using a blender or food processor mix the softened cream cheese and ricotta cheese together, spread on to the pizza plate as if it was a crust of a pizza. Be sure to lay the cheese mix higher on the ends.

Spread the salsa evenly over the cheese mix, stopping before the edges (like pizza sauce)

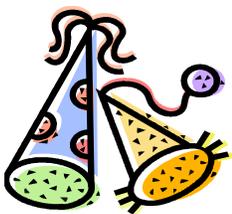
Top the salsa mix with the shredded cheese, then add the rest of the ingredients. Serve the guacamole on the side.

Refrigerate for about 1 hour before serving. Serve with tortilla chips and enjoy!





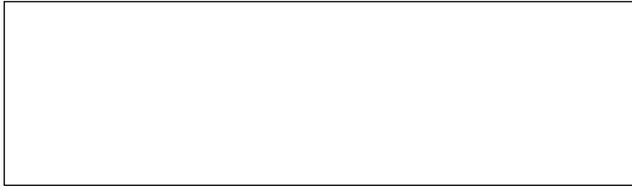
 <b>JANUARY 2009</b>						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 	2	3
4	5 Board of Directors meeting 6:30 pm	6	7	8	9	10
11	12	13	14	15	16	17
18	19 Martin Luther King Day Club Closed 	20	21	22	23	24
25	26	27	28	29	30	31



Shaded (yellow) squares mean there is no members activities

**Happy Birthday: sorry but there are no birthdays this month!**

**Please note the club will be closed on Monday January 19th in observance of Martin Luther King Day**



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A World of Growing Opportunities

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### Clubhouse Standard of the Month

Standard # 8:

"All Clubhouse meetings are open to both members and staff. There are no formal member only meetings or formal staff only meetings where program decisions and member issues are discussed."

We're on the Web at:  
[www.GoClubhouse.org](http://www.GoClubhouse.org)

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A World of Growing Opportunities

[www.GoClubhouse.org](http://www.GoClubhouse.org)

The Gainesville place where people whose lives have been drastically disrupted by a mental illness come to rebuild their lives.

- Meaningfull opportunities in Gainesville community
- Important work
- Restorative environment emphasizing abilities and talents
- Help with education & college degree programs
- Access to services, supports, housing
- Friendship



Florida Clubhouse Coalition

